

## OUR FAMILY SAFETY PLAN

A Family Safety Plan is a plan of action to take when there is a safety concern or an emergency. This plan is meant to be general so that it can be tailored to each family's needs. It is important that you include children in the development of a safety plan and talk with them about their role in it. Be sure to inform and involve others that are part of your safety so they will know exactly what to do in a crisis situation.

### Family Information

Parent: \_\_\_\_\_

Child \_\_\_\_\_ Age \_\_\_\_\_ Medical Info \_\_\_\_\_

Child \_\_\_\_\_ Age \_\_\_\_\_ Medical Info \_\_\_\_\_

Child \_\_\_\_\_ Age \_\_\_\_\_ Medical Info \_\_\_\_\_

Child \_\_\_\_\_ Age \_\_\_\_\_ Medical Info \_\_\_\_\_

Child \_\_\_\_\_ Age \_\_\_\_\_ Medical Info \_\_\_\_\_

Safe people kids in our family can talk to or call when there is trouble:

1. \_\_\_\_\_ Phone \_\_\_\_\_

2. \_\_\_\_\_ Phone \_\_\_\_\_

3. \_\_\_\_\_ Phone \_\_\_\_\_

4. \_\_\_\_\_ Phone \_\_\_\_\_

5. \_\_\_\_\_ Phone \_\_\_\_\_

Our family uses a code word when there is trouble. Our family code word is

\_\_\_\_\_.

When we see or hear the code word, we (the children) will

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We only share our code word with people that are part of our safety plan

### **Know Where to Go and How to Get There**

Where can kids go when we don't feel safe at home?

A safe place has more than one exit. (Learn 2 ways out of every room in your house.)

A safe place does not have things that can be used as weapons. (i.e. kitchen, bathroom, etc)

Safe places in our home:

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Safe places in our neighborhood or near our home:

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How will the kids get out of the house if there is danger?

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Who will be responsible for helping the younger brothers or sisters if there is danger? \_\_\_\_\_

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What will this person do? \_\_\_\_\_

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Things the children should NOT do when there is trouble:

1. \_\_\_\_\_

2. \_\_\_\_\_

Kids in our family understand that we should NOT try to stop a fight between adults.

Kids in our family understand that when adults in our house fight, IT IS NOT OUR FAULT.

When someone is afraid or hurt, the kids in our family can call 911.

When we call 911, we will:

- Describe what is happening.
- Tell our address. Our address is

\_\_\_\_\_

- Tell our phone number. Our phone number is

\_\_\_\_\_

- Stay on the phone to answer questions.

I know how to call 911.

Here are some other things our family does to stay safe:

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

4. \_\_\_\_\_

\_\_\_\_\_

In order to stay safe, our family needs to be careful who we tell about our safety plan. People who can know about our safety plan are:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

If we have to leave home quickly, here are the things we would like to take with us:

Child: \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Child: \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Child: \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Child: \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Child: \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Emergencies can happen at any time, so it is important to be able to contact your family when you are not together.

These can be cut out and kept in a wallet, backpack or purse for each family member. Also if you have a phone you could store the numbers there.

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**Parent:** \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

**Sibling:** \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

**Neighbor:** \_\_\_\_\_

Cell: \_\_\_\_\_

**Relative:** \_\_\_\_\_

Cell: \_\_\_\_\_

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**Parent:** \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

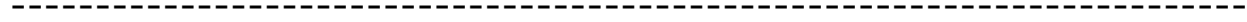
**Sibling:** \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

**Neighbor:** \_\_\_\_\_

Cell: \_\_\_\_\_



**Parent:** \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

**Relative:** \_\_\_\_\_

Cell: \_\_\_\_\_

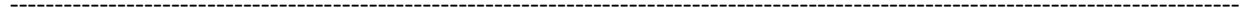
**Sibling:** \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

**Neighbor:** \_\_\_\_\_

Cell: \_\_\_\_\_



**Parent:** \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

**Relative:** \_\_\_\_\_

Cell: \_\_\_\_\_

**Sibling:** \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

**Neighbor:** \_\_\_\_\_

Cell: \_\_\_\_\_

**Relative:** \_\_\_\_\_

Cell: \_\_\_\_\_